



# SANDY BRAE NEWSLETTER

## How to Keep the Kids Entertained During Summer Break.....

Most kids are already counting down the school days until summer break while their parents are frantic over ways to fill the long, lazy days of summer. A kid's dream of summer fun (and a parent's hope for quiet) can quickly morph into fits of boredom and complaining. But with these suggestions, your kids will be busy, entertained and happy.

**Continue education** - Although the traditional school year is complete, learning should never stop. Summer is the perfect time for your kids to explore new hobbies, participate in favorite activities or learn something new. Your budding artist will appreciate an art class where she can explore a new medium, like ceramics, painting or sculpting. Complement her studies with a visit to an art museum or local art gallery. If an offsite class won't work or isn't available in your area, invest in some new art supplies like sidewalk chalk, paints, crayons and paper. Encourage her to see the world (namely, your driveway) as her canvas.

Your current or future STEM student will be thrilled to take a science-based class that focuses on robotics, rockets or space. Local universities and colleges often offer learning-based summer camps for kids eager for a fun and academic challenge.

Most libraries sponsor a summer reading program for youth — sign your kids up and stock up on great reads.

**Cool off** - There's no doubt that the summer sun can zap your kid's energy level, but when you mix in cool, refreshing water, your kid will be energized to play all day. Check out the splash pads in your area — pack a picnic, grab towels and sunscreen and spend the afternoon splashing about. If you have access to a community pool, summer is the ideal time for swim lessons or if your kid already takes to water like a fish, sign him up for your community's swim team. A road trip to a nearby beach or lake will make for an unforgettable family vacation. If you'd rather spend summer in staycation mode, bust out the sprinkler, water balloons and baby pool to create a backyard water- and fun-filled oasis.

**Spin your wheels** - As an adult, you can take to the open road at any moment, but your first taste of freedom originated with two wheels — your bicycle. Recapture the childhood joy of the wind in your hair with your kids as you pedal your way on a bicycle journey. If you're near a bike path, now is the time to explore it. If not, bicycling through your community can offer hours of entertainment and heart-pumping exercise. Don't forget to pack snacks, a first aid kit and water, notes MoneyTalksNews writer Geof Wheelwright. And no biking adventure is complete without a stop for ice cream.

**Camp out** - Sleeping under the stars doesn't have to require a shopping spree for camping gear, a faraway and pricey campsite or an over-packed car. Your backyard provides the essentials for a summer camping adventure — all you need are sleeping bags and a tent, according to Wheelwright. To make the campout even sweeter, use a fire pit to roast marshmallows and create the signature treat of camping — s'mores. Practice good fire safety and keep little ones far from the flames.

Summer break offers many hours for family fun and a chance for your kids to relax, try new things and experience the great outdoors. Fill their summer with these entertaining ideas.

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## SANDY BRAE FRIENDLY SUMMER REMINDERS

### SPEED LIMIT & SAFETY

The speed limit within the community is 25 MPH; please observe and obey it. Please be mindful of the many people, including small children, traveling on foot and by bicycle. Be aware of residents walking their dogs. We are getting more young families in the community, so please slow down. Stop signs are posted throughout the community for a reason. If you see anyone breaking the law, call Troop 7.

### VEHICLES & PARKING

No vehicles, except as may be reasonably classified as passenger cars, vans or pick-up trucks of one ton or less shall be regularly parked upon any lot where they may be seen from the street on a long-term and/or permanent basis. Vehicles must be kept on a paved driveway or within an enclosed garage, not on any property forward or to the sides of the front property line. Parking on grass adjacent to driveways or any other open space on your property is prohibited. The operation of go-carts, un-muffled motor bikes and/or loud-engine recreational vehicles are prohibited in all areas of the community including open lots. Trucks with over (2) axles, tractors, commercial trailers, are also prohibited. If you are having a large gathering at your home, parking is allowed on the street with two tires on the road and two on the grass; the street must be passable at all times.

### BOATS & TRAILERS

All boats, boat trailers, horse trailers and other recreational trailers must be stored behind the property's front building line. No heavy-duty construction vehicles are allowed on the property or on the driveway.

### PETS

There are State and Local leash and animal waste laws that all pet owners must adhere to. In addition, pets should not be left unattended in/on any outside area (decks, porches, garages, balconies, etc.) or inside (open doors and windows) where and when they can cause a noise nuisance to other residents and the community. And be a good neighbor.... please pick up after your dog.

### BE RESPECTFUL OF YOUR NEIGHBORS

While almost everyone is very fond of the summer weather with planning and partaking in many outdoor activities, please be aware and cognizant of your neighbors and keep noise levels to a reasonable level. Also, please be mindful of not starting activities very early in the morning or continuing on into the late hours of the night. Everyone is entitled to their personal "quiet" enjoyment of their home and the community. And per the covenants, no firecrackers or fireworks are permitted in the community.

*Enjoy your Summer, be safe, and be respectful of others.*




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Got Some Free Time? Wanna learn more about our community?  
Want to meet your neighbors? Have a business talent you want to share?

If you answered YES to any of the above, let us know about  
joining the HOA Board.

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## Thinking of adding to your garden? How about a Water Feature!

**Water** features, such as ponds or waterfalls, can add a special touch to the landscape.

Most of us aspire to make our homes appear as beautiful and welcoming as possible. Exterior renovations may be high on your "to do list", and landscaping oftentimes becomes a key component of those projects.

When planning gardens, consider more than just flowers and shrubs while giving thought to other elements that can breathe vitality into the landscape design. Water features can do just that, as such features provide more than just visual appeal.

- Aesthetic Appeal – water elements stand out against the greenery and foliage and can be used to create focal points around the garden or yard. A single fountain can draw the eye, while trickling stream or waterfall can deliver water to various spots in the landscape.
- Soothing sound – rain drops on a rooftop or waves lapping on a shoreline elicit feelings of harmony and relation. Water features can bring that gentle sound close to home, further enhancing the ambiance.
- Brings texture – water has its own unique and fluid texture that can provide stark contrast to blades of grass or the hard lines of architectural elements, such as pergolas or retaining walls, or fences. These can all soften the lines.
- Enhance the natural ecosystem – water features can attract wildlife to a property. Birds may visit to take a quick sip or bath; dragonflies are sure to dart and hover the shimmering ripples.



Above all, when thinking to change your garden landscape, plan it out. Speak to professionals at the local nurseries, or big box stores. Have fun, and dress appropriately working in the outdoors.

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Geography has made us neighbors. History has made us friends. Economics has made us partners, and necessity has made us neighbors – John F. Kennedy

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**1. What made you choose Sandy Brae?**

Mark and I had been renting in Overbrook Shores in Milton. We loved the established community feel and the diversity in the appearances of the homes. We knew we wanted that same feel when we finally purchased a home. We both work in the Rehoboth area, so we wanted to be within a few miles of downtown Rehoboth. Once we found a home for sale in Sandy Brae, we were hooked! We found a corner lot with neighbors we adore; it was a perfect fit.

**2. What do you and Mark do for a living?**

Jessica - Realtor with Keller Williams Realty & bartender at Salt Air on Wilmington Ave.

Mark - General Manager at BlueCoast Rehoboth a SoDel concepts restaurant.

**3. What are some of the things you both love to do for fun or have as hobbies?**

Our favorite thing to do when we get a day off together is hit the drive on beach! Our dog, Hudson, loves it! We bring the cooler, grill, cornhole boards and just have a blast! Our schedules are hectic so it's the perfect way to spend the day together and recharge.

**4. As lifelong residents of Sussex County, what are some of the significant changes you have seen and their impact and living here?**

Shew! For starters, Lewes & Rehoboth have become year-round destinations and not just a summer vacation spot like they used to be. More and more people are retiring to DE and making this their permanent home. Construction is booming but the infrastructure to support all these new homeowners is lacking to say the least but for those in our line of work, it's what keeps us in business!

**5. What is your secret for staying happy?**

I don't know if it's a secret, but Mark and I love to host friends and family; we find joy and take pleasure in doing so. We figure that if we put out positive energy and good vibes, it will come back to us!

**Editors Note:** Welcome to our community! Look forward to meeting you! It's great to see new faces with great energies join us! Care to join the BOARD?

## CALENDER

### July

#### 2-4 Restaurant Week

<http://www.restaurantweekde.com/2019/4>

#### 2 National UFO Day

#### 4 Independence Day

8 Sandy Brae Board Meeting (Lewes Library @ 6PM)\*

### August

12 Sandy Brae Board Meeting (Lewes Library @ 6PM)\*

### September

#### 2 Labor Day

9 Sandy Brae Board Meeting (Lewes Library @ 6PM)\*

Check out, and sign up for newsletters and emails from

<https://visitsoutherndelaware.com/de-events/month>

*\*Board meetings are open to all residents in good standing.*

### Summers here --- Be careful of Rip Current!

Rip currents are responsible for deaths in our nations beaches every year, and for most of the rescuers performed by lifeguards. Beachgoers should be aware of how dangerous rip currents are, and swim only at beaches with lifeguards in the designated swimming areas. Rip currents can form in any large open water area, such as low spots and breaks in sandbars, or near structures such as jetties and piers.

For your safety, be aware of the danger of rip currents and remember the following:

- ✚ Don't fight the current
- ✚ Swim even with the shore, until current weakens, then swim to shore
- ✚ If you cant escape, float, or tread water
- ✚ If you need help, call or waive for assistance

When at the beach, check conditions before entering the water. Check to see any warning flags are up or ask a lifeguard about the water conditions, beach conditions, or any potential hazards.

#### Want to try Yoga? Pet Owner?

Start by pending over and picking up your dog's poop. Commonly known as the "downward dog position". Then put in the trash. Keep our community clean.

### FREE Great things to do in the summer:

**Every Wednesday:** Historic Lewes Farmers Market @ Crooked Hammock

**Thursdays:** Concerts by the Canal. 7 pm; Lewes Canalfront Park  
Call 302-645-2795 or visit [www.lewescanalfrontpark.org](http://www.lewescanalfrontpark.org) for more information  
FREE! Supported by Dogfish Head Craft Brewery

**Sundays: Yoga in the Park;** 8-9 am; Lewes Canalfront Park  
Call 302-645-2795 or visit [www.lewescanalfrontpark.org](http://www.lewescanalfrontpark.org) for more information



## Pet Safety – Understanding Heartworm

Conscientious pet owners understand they must be on the lookout for a host of issues that can affect the health and wellbeing of their pets. One issue is heartworm.

### What is heartworm?

The American Heartworm Society notes that heartworm is a disease caused by foot-long worms that live in the heart, lungs and associated blood vessels of affected pets. Known as heartworms, these worms can cause severe lung disease, heart failure and organ damage. Some instances of heartworm may prove fatal.

### Who gets heartworm?

Heartworm disease affects dogs, cats and ferrets. Heartworm also live in wolves, coyotes, foxes and seas lions. And while such is rare, heartworms have been found in humans

### How is heartworm transmitted among pets?

Mosquitoes transmit many diseases, and they even play a role in transmission of heartworm. The AHS note that adult female heartworms living in infected dogs, foxes, coyotes or wolves, produce microfilaria, which are microscopic baby worms that circulate in the animals' bloodstreams. When mosquitoes feed on the blood of thee infected animals, they pick up the microfilaria. Within 10-14 days, these microfilariae mature and develop into the infective stage larvae. When mosquitos then bite the animal, these larvae are deposited onto the surface of the skin of hose animals, ultimately entering their new hosts through the wound created by the mosquito's bite. The larvae then spend the next six months maturing into adult heartworms.

### How long do heartworms live?

Upon reaching maturity, heartworms can live for five to seven years in dogs, and for two to three years in cats. According to Peteducation.com, heartworms in ferrets can be rapidly progressive and fatal.

### What are the symptoms of heartworm?

Heartworm symptoms can vary depending on the type of animal that is infected. Dogs infected with heartworm may exhibit few or no symptoms in the early stages of the disease, only gradually exhibiting symptoms as the infection persists. Such symptoms include mild persistent cough, reluctance to exercise, fatigue after moderate activity, decreased appetite, and weight loss. As heartworm progresses, dogs infected with the disease may develop swollen bellies due to excess fluid in their abdomens. Dogs infected with large numbers of heartworms may develop sudden blockages in their heart, which can lead to cardiovascular collapse, threatening the dogs' life.

Cats may exhibit subtle or dramatic symptoms of heartworm. Coughing, asthma-like attacks, periodic vomiting, loss of appetite, and weigh loss are some of the more subtle symptoms of heartworm in cats. But some cats may struggle to walk, experience fainting spells or have seizures as a result of heartworm. The AHS note that the first sign of heartworm in cats sometimes sudden collapse or sudden death.

### Can pet owners protect their pets from heartworm?

The AHA recommends that pet owners get their pets tested for heartworm every 12 months. In addition, the AHS advises pet owners to give their pet heartworm preventive 12 months a year. More information can be found at [www.heartwormsociety.org](http://www.heartwormsociety.org)

**\*\*SAFETY TIP \*\*****Prevent Losing Phone Service  
During Power Outages**

In order to substantially decrease the chances of having no telephone service during a power outage, please always keep at least one standard telephone hard wired handset in your home or have one handy that you can plug in during a power outage.

Even if you have a cellphone, have a corded phone on hand. Cellphone service can be unreliable during a major outage due to overuse; and if the power outage lasts for any substantial time period, you will not be able to recharge your cellphone. Cordless phones will not work when there is no electricity for their base units.

**NO FIREWORKS....please !!**

Please note that, per the SBHOA Covenants, fireworks are not allowed in the community and they are also illegal in Delaware.

In recent years, numerous homes within our community shot off larger explosives like roman candles, firecrackers, and torpedoes. These types of fireworks are inappropriate to be used in a small community like Sandy Brae. These are a fire hazard because of the fallout from them and can cause property damage. Plus, these types of fireworks are unsafe, extremely loud, and harmful to animals (especially those that are kept outside).

Sparklers, snakes, glow worms, party poppers, snappers and drop pops are now legal in Delaware as of May 10, 2018. However, the SBHOA Board urges you to use them safely and with supervision.

Celebrate and enjoy the July 4th holiday by going to see firework displays in Rehoboth Beach, Lewes, and Bethany Beach. If you see or hear anyone shooting them off in Sandy Brae, please call Troop 7 at 644-5020 as shooting off fireworks is a misdemeanor and subject to a fine. Additionally, they will be fined by the HOA.

Be a good neighbor and enjoy the holiday, but please do not use fireworks in Sandy Brae.

Thank you!

The SBHOA Board of Directors

Any questions, please contact us via our Facebook page or our website: [www.SandyBraeHOA.com](http://www.SandyBraeHOA.com)



Email: [SandyBraeHOA.Lewes.DE@gmail.com](mailto:SandyBraeHOA.Lewes.DE@gmail.com)

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